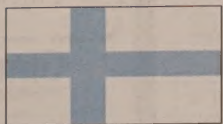




46th annual Astoria

Scandinavian

MIDSUMMER FESTIVAL



Astoria, Oregon • June 21, 22 & 23, 2013 • Clatsop County Fairgrounds • www.astoriscanfest.com

June 20, 2013 | coastweekend.com | 11

2013 Astoria Scandinavian Midsummer Festival



Welcome!

to the 46th annual Astoria Scandinavian Midsummer Festival

You may be asking yourself, what is Midsummer and why do Scandinavians celebrate it every year? Midsummer originated in ancient times and centered around the summer solstice. After a long dark winter, the sun was turning south again, and longer, warmer days were coming. Midsummer's Eve was thought to be a magical night.

In all Scandinavian countries, Midsummer is still celebrated with families and friends spending time together with bonfires, parties, saunas, singing, dancing, and food and drink. This is the most important celebration of the summer.

Are you looking for a great way to spend your Midsummer weekend? You don't have to be Scandinavian or have a costume to have a good time. There is something for everybody: food, drink, crafts and entertainment.

Many folks wait for our foods all year long. Lefse, pea soup, abelskivers and risipuro, just like Mamma used to make. Are you ready for these delicious treats? Great breakfasts, dinners and other goodies will also be served. Don't worry, there will be no lutefisk found this year at the fairgrounds.

We kick off our weekend with the coronation of Miss Scandinavia. Afterwards, burn a hex for good luck, and dance to celebrate. There will be much more fun all weekend long.

The featured entertainers for 2013 are Harald Haugard and Helene Blum, world class performers from Denmark. Great musicians and folk dancers from around the Pacific Northwest will be there to entertain you. Come find our Troll – but watch out, he is known for stealing kisses. Visit with the Vikings and see how they lived. For the children, we have the barnfest (games and fun) all weekend. For the grown ups, we have a barn with a beer-garden and live entertainment on Friday and Saturday.

Visit www.astoriscanfest.com for all the details. There is much more planned for the weekend. Join us for a Scandinavian celebration, and take some fun memories and new traditions home with you!

Katrina Ivanoff
Astoria Scandinavian Midsummer Festival Association

2013 Astoria Scandinavian Midsummer Festival
Friday - Sunday, June 21, 22 & 23

Clatsop County Fairgrounds
92937 Walluski Loop, Astoria

Admission
\$8 for adults, \$3 for children age 6 to 12, free for children age 5 and younger. Admission buttons are good for all three days of the festival.

Parking: \$2 per day or \$5 for a weekend pass.

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ON THE COVER:
2013 Astoria Scandinavian Midsummer Festival activities.
2013 Astoria Scandinavian Midsummer Court photos by Rachelle Sims

www.astoriscanfest.com

Schedule of Events

46th annual Astoria Scandinavian Midsummer Festival
Clatsop County Fairgrounds • June 21, 22 & 23, 2013

Friday, June 21

BOOTHS OPEN

2 to 6:30 p.m., Arena
Visit the midsummer vendors to find specialty Scandinavian items, handcrafted treasures and Scandinavian food items.

ENTERTAINMENT

3 to 7 p.m., Arena Hall
There will be live entertainment every hour, including a performance by Harald Haugaard and Helene Blum at 6 p.m.

BEER GARDEN

3 p.m. to midnight
The Wet Dog Brewery from Astoria will present a selection of its award-winning microbrews and a limited menu, with live music.

BEEF DINNER HOSTED BY OLNEY GRANGE

4:30 p.m., Exhibit Hall
Beef, baked potato, green beans, salad, pie, beverage, \$12.

ASTOR STREET OPRY COMPANY PRESENTS "OLE AND LENA'S WEDDING"

5:30 p.m., Exhibit Hall
This audience-interactive, 45-minute stage production is about a traditional Scandinavian family and the wedding of their kids Ole and Lena. It's packed with the light side of Scandinavian humor.

QUEEN'S CORONATION

7 p.m., Arena
Princesses sponsored by the Danish Society, Finnish Brother-

hood, Sons of Norway and VASA Swedish Lodge will speak about their Scandinavian heritage. A panel of judges will select one to reign as Miss Scandinavia 2013.

TORCHLIGHT PROCESSION AND BONFIRE

Immediately following the Queen's Coronation, Parking Area
Scandia men with flaming torches will lead the newly crowned Miss Scandinavia and audience members to the bonfire to throw straw hexes into the flames. This tradition symbolizes riding oneself of bad luck for the year. Accordionists will play.

QUEEN'S BALL

8 to 11 p.m., Exhibit Hall
Miss Scandinavia and her father or special partner will lead the first dance of the 2013 Midsummer Festival.

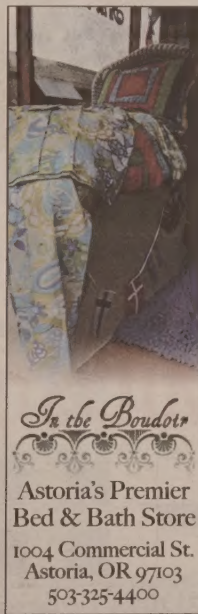
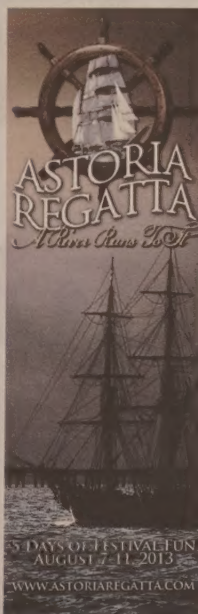
Saturday, June 22

MIDNIGHT SUN BREAKFAST

7 to 11 a.m., Exhibit Hall
Buffet: Norwegian Jarlsberg egg cake, Finnish Pyttipannu (pan-fried potato, onions, sausage and egg), Swedish pancakes with strawberries and cream, Norwegian Rommegrot (sour cream porridge/pudding with cinnamon and sugar), lefse, Scandinavian cheese, shrimp and salmon lox, breads, fruit, Danish pastry, coffee, OJ, water, served by Scandinavian Café of Vancouver, Wash. Adults \$8, kids age 6 and younger \$4.

TROLL RUN/WALK

8:30 a.m., Walluski area
The Astoria Scandinavian Midsummer Festival presents the 10th



Welcome to the Festival

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2013 Astoria Scandinavian Midsummer Festival

Saturday, June 22

annual Running of the Trails. Proceeds from the race will benefit the Scandinavian Midsummer Festival Association Scholarship Fund. Registration begins at 8 a.m. in the parking lot.

BOOTHS OPEN

9 a.m. to 7 p.m., Arena

ENTERTAINMENT

10 a.m. to 6 p.m., Arena

10 a.m. to 6:30 p.m., Exhibit Hall

There will be live Scandinavian-themed entertainment on two stages throughout the day. Pick up a festival program at the admission table to find your favorite band or dance troupe.

EMPIRE OF CHIVALRY AND STEEL VIKING ENCAMPMENT

10 a.m. to 6 p.m., Outdoors

The Empire of Chivalry and Steel will hold an open house in its Viking encampment outdoors, south of the Arena. Costumed re-enactors will demonstrate crafts, tournaments, armor-making and combat arts from the Middle Ages.

BARNEFEST

11 a.m. to 5 p.m., Arena

Young attendees can participate in children's activities in the Barnefest area. Children younger than 12 need to be accompanied by an adult. There are games (fishing, plinko, golf), face painting, a raffle, and a puppet show at 1:30 and 2:30 p.m.

OP TOG - FESTIVAL PARADE

11:30 a.m., Festival Grounds

Miss Scandinavia and her court, costumed dancers and entertainers and representatives from the Scandinavian lodges will assemble in the Exhibit Hall and parade through the Arena and festival grounds to the outdoor stage.

FLAG RAISING AND MIDSUMMER POLE RAISING

Noon, Outdoor Stage

Hear the national songs of Denmark, Finland, Iceland, Norway and Sweden while Miss Scandinavia and her court assist in the pageantry of the raising of the flags.

BEER GARDEN

Noon to midnight

VIKING DINNER

4 to 7 p.m., Exhibit Hall

Scandinavian Café of Vancouver, Wash., serves Swedish meatballs in mushroom cream sauce, Danish pork roast with prunes, new potatoes, braised red cabbage, salad, open-faced sandwiches, shrimp and herring salad, fresh bread and crisps, Danish apple trifle cake, assorted pastries, coffee, soda and more. Adults \$15, kids age 6 and younger \$7.

ASTOR STREET OPRY COMPANY PRESENTS

"OLE AND LENA'S WEDDING"

7 p.m., Exhibit Hall

DANCERS BALL

8 to 11 p.m., Exhibit Hall

Nordic Spirit of Olympia, Wash., will provide music for family-friendly dancing. Come waltz, polka, hambo or just listen.

Sunday, June 23

PANNUKAKKU BREAKFAST

7 to 11 a.m., Exhibit Hall

Astoria Rotary Club serves Finnish pancakes, ham, fruit cup, coffee, tea, juice or milk. Adults \$6.50, kids \$3.

BOOTHS OPEN

9 a.m. to 4 p.m., Arena

ENTERTAINMENT

11 a.m. to 4 p.m., Arena

Noon to 3:30 p.m., Exhibit Hall

EMPIRE OF CHIVALRY AND STEEL VIKING ENCAMPMENT

10 a.m. to 4 p.m., Outdoors

BARNEFEST

11 a.m. to 3 p.m., Arena

CHURCH SERVICE

11 a.m., Exhibit Hall

A nondenominational service by a local minister with music.

PARADE OF COSTUMES

12:30 p.m., Exhibit Hall

Curious about the costumes worn by representatives of Scandinavian countries? Come and hear them explained in a fashion show with live models.

ASTOR STREET OPRY COMPANY PRESENTS

"OLE AND LENA'S WEDDING"

2:30 p.m., Exhibit Hall

RAFFLE AND CLOSING CEREMONIES

3:30 p.m., Exhibit Hall

Who will win the ticket to Scandinavia and the other prizes donated by the Scandinavian Festival Association, lodges and businesses? Join us on Sunday to learn who the winners are. You need not be present to win.

The 2013 Scandinavian Midsummer Festival ends as the national songs of Denmark, Finland, Iceland, Norway and Sweden are sung and the flags leave the hall. Say goodbye to your friends and family and make plans to join us again in 2014.

VELKOMMEN • Tervetuloa • VÄLKOMMEN



Welcome to
Astoria's 46th
Scandinavian
Midsummer
Festival



SENATOR BETSY JOHNSON

Tradition runs deep

The 2013 Astoria Scandinavian Midsummer Festival, taking place June 21, 22 & 23 at the Clatsop County Fairgrounds southeast of Astoria, has been delighting North Coast crowds for 46 years.

■ Story by AMY BUGBEE

This year the summer solstice on Friday, June 21 is the opening of the always-anticipated Astoria Scandinavian Midsummer Festival. Now in its 46th year and held at the Clatsop County Fairgrounds, the festival guarantees three days filled with the music, dance, food and Scandinavian traditions. Midsummer has long been celebrated – in Europe and now throughout the world – to welcome the summer season of fertility. It has been celebrated with bonfires since the 6th century but has continued into modern times most fervently in Scandinavia, where midsummer poles are raised, folk costumes worn, and parades take place.

Tradition runs strong

In a world where a vast majority of ethnic festivals have become little more than an excuse to drink beer, the Astoria Scandinavian Midsummer Festival has held true to its traditions. It is a powerful and moving event for attendees, as it summons an honor and grace often lost in modern culture.

The festival begins with the crowning of Miss Scandinavia. Every bit of the coronation is steeped in Scandinavian pride with flags, national anthems and traditional ethnic dress. Miss Scandinavia is selected from a court of four princesses representing local lodges – the Danish Society, the Finnish Brotherhood, the Sons Of Norway, and the Swedish Vasa, fraternal orders that date back more than a century (Iceland no longer has an active lodge in the area).

Each girl wears a traditional folk dress in the colors of her nation. The princesses trace their family roots right down to the names and towns of their ancestors. This might seem an impossible accomplishment given our melting pot society, but even today many princesses are only second or third generation Americans – in fact, two years ago one of the princesses was a Norwegian citizen living stateside as a foreign exchange student.

The young women are brought to the stage in an elaborate ritual escorted by a male relative and a flag bearer, they're introduced, their family lineage is recounted, and each gives a speech explaining their heritage. Then, the judges briefly deliberate and one princess is crowned Queen.

Almost immediately after Miss Scandinavia is crowned, it is time for the hex burning, a tradition that symbolizes ridding oneself of bad luck for the coming year. The newly crowned queen carries a life-size straw effigy that represents bad luck. The costumed Scandia Dancers carry torches toward a large steel urn where the effigy is lit on fire in dramatic style and ceremony. All of the attendees are handed small straw effigies wearing black cloth and tied with yarn, these are the "hexes," and as each burns, bad luck is lifted. It is strangely refresh-

ing, and is followed by the Queen's Ball.

At 11:30 a.m. on Saturday morning is the Op Tug "walking" Parade, which marches around the fairgrounds. The parade was previously held in downtown Astoria, but this year it will march around the fairgrounds and lead to the flag raising and the raising of the midsummer pole.

"The flag raising is a tradition where we are representing all of the five countries, and having each national anthem sung," Loran Mathews, co-chairman of the festival, says. "The maypole is wrapped in wild flowers and natural greens a few days before. Not all summer poles will have a chicken on top, but we are hoping for fertility and a lot of new animals."

More Than Ceremony: Music, Dance and Entertainment

The Astoria Scandinavian Midsummer Festival is long lived and well known; the travel guides of Norway and Sweden have even written about it. The festival has brought world class performers from Scandinavia to our shore, including this year's return of Harald Haugegard and Helene Blum.

"They were here two years ago," explains Janet Bowler, entertainment director for the festival, who grew up in a Norwegian community in Montana before moving to Astoria in 1976. "Everybody loved them; they are just dynamic. I offered them to come back anytime. They agreed to return this year, and then Harald won the equivalent of two Danish grammys. Now his career is zooming."

In addition to Haugegard and Blum's quintet, don't miss Seattle's premiere Scandinavian band Hale Bill and The Bopps in its first appearance at the festival. The band plays originals and traditional Nordic music, and it includes a hardanger fiddle, the folk fiddle of Norway. On Sunday catch the only performance of the Halcyon Trio Oregon, including Emmy-Award-winning trumpeter Joan Haaland Paddock playing the lur, a Nordic brass instrument. The trio will perform music during Sunday's nondenominational church service, and again at noon. Other great musicians will fill the air with music throughout the festival.

Beyond the live music, Scandinavian dance troupes from around the Northwest will perform a variety of traditional circle and line dances. If you have tapping toes and are itching to dance, you'll be pleased to know that all are welcome to participate in the Dancer's Ball 8 to 11 p.m. Saturday. A public dance lesson will also be given by local dance legend Allan Goff.

The entertainment doesn't stop there. The Astor Street Opry Company will thrill you with live performances and skits all weekend – and white wedding cake.

Early Saturday morning, athletes and novices alike can take part in "The Running of The Trolls," a 5.75-mile run or a 1.5-mile walk

Colors of the Scandinavian flags and their meanings

All of the Scandinavian flags are based on a similar design of the Scandinavian cross, but the meanings of the colors are unique to each nation.

(Courtesy of <http://www.nordiclogomatters.org>)



Norway

White – peace and honesty
Red – hardiness, bravery, strength and valor
Blue – vigilance, truth and loyalty, perseverance and justice



Finland

White – represents snow and also peace and honesty
Blue – represents lakes and sky and also vigilance, truth and loyalty, perseverance and justice



Sweden

Yellow – a symbol of generosity
Blue – vigilance, truth and loyalty, perseverance and justice



Denmark

White – peace and honesty
Red – hardiness, bravery, strength and valor



Iceland

White – symbolizes the glaciers, and peace and honesty.
Red – represents the fire in the volcanoes and hardiness, bravery, strength and valor.
Blue – symbolizes the sea and vigilance, truth and loyalty, perseverance and justice

to benefit the festival's scholarship fund for local high school students. Register online or the morning of the race. A \$25 registration fee includes a T-shirt and free weekend admission to the entire festival. Why trolls? They are a big part of Scandinavian mythology. "Whenever anything went wrong it was always blamed on the troll," Loran Mathews says with a chuckle. "They cause a lot of mischief. If you misplaced your shoes, the troll was to blame."

All weekend, visitors can enjoy a full Viking encampment courtesy of "The Empire of Chivalry and Steel," with sword fighting demonstrations, blacksmithing, loom weaving and more on the lawns of the fairgrounds. Vendors inside will include everything from imported clothing to incredibly accurate psychic rune readings, and a vast assortment of Scandinavian foods.

Speaking of the Food

The food of the festival is a wild array of (seemingly unpronounceable to plain old American eyes) words such as "achleskivers" and "pannakku," which, thanks to trade routes dating back to the Vikings are full of wonderful spices. Vendors and lodges offer a multitude of specialty foods and desserts such as lefse, and each day includes amazing buffets – after all the Smorgasbord is a Scandinavian invention.

With all of this rich tradition it might seem only Scandinavians are welcome, but Janet Bowler is emphatic, "You don't need to be Scandinavian. You don't need to eat lutefisk, and you don't need a costume. It is only \$8 for all three days. Come as much as you like."



2013 Astoria Scandinavian Midsummer Festival



2013 Astoria Scandinavian Midsummer Festival Senior Court



Senior Court Chaparone
Leila Collier

Leila Collier is married to Michael Collier and they reside in Warrenton. She is involved with the Warrenton Sunrise Rotary, Peace Lutheran Church, United Finnish Kaleva Brothers and Sisters Lodge #2. She enjoys reading, crafting, baking, volunteer work, music and time with family. Her heritage is Finnish.



2013 Astoria Scandinavian Midsummer Festival Senior Court



Senior Miss Denmark
Reanna Jackson

Reanna's parents are Dan and Susan Jackson, her siblings are Devin and Wyatt, and her grandparents are Dave and Bev Hoofnagle. Beverly and the late Robert Jackson, and Betty Russell. Reanna attends Warrenton High School. She likes choir, reading Scandinavian dancing and is involved in church youth group.



2013 Astoria Scandinavian Midsummer Festival Senior Court



Senior Miss Norway
Annik Fremstad

Annik's parents are Kristian and Jennifer Fremstad, her sibling is Fridtjof, and her grandparents are Fred and Helene Fremstad and Katherine and Clegg Rasmussen. Annik attends Astoria High School. She is involved in cross country, ballet, AHS dance team, and is the president of Key Club. She enjoys cooking and traveling.



2013 Astoria Scandinavian Midsummer Festival Senior Court



Senior Miss Finland
Aimee Schacher

Aimee's parents are Michael and Melissa Schacher, her sisters are Ashley and Megan, and her grandparents are Chris and Thelma Rose and Anita and Mike Schacher. Aimee attends Astoria High School. She is involved in swim team and youth group. She is president of the French club and a volunteer at Clatsop Care Center.



2013 Astoria Scandinavian Midsummer Festival Junior Court

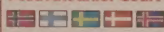


Junior Miss Sweden
Jessica Creager

Jessica's parents are Marie and Dave Gager. Her grandparents are Karin Creager, Morgan Howells, and Benit Rosen of Sweden. Jessica attends Astoria High School. She is involved Clatsop County FFA and is the vice president of AHS Key Club. She enjoys cooking and reading.



2013 Astoria Scandinavian Midsummer Festival Junior Court



Junior Court Chaparone
Shellie O'Connor

Shellie's husband is Marc O'Connor. She has five grown children, and her sixth child, Maggie, still lives at home. She also has five grandchildren. She teaches kindergarten at Warrenton Grade School, plays flute in the North Coast Symphonic Band and attends the Christian Church of Warrenton. Her heritage is Finnish.

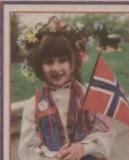


2013 Astoria Scandinavian Midsummer Festival Junior Court



Junior Miss Denmark
Alexa Calvert

Alexa's parents are Henry and Ambara Calvert, her sibling is Kylee, her grandparents are Joann and Ardon Derie and Billy and Roxanne Calvert, and her great grandma Shirley Howarth and great grandpa Mark Youtsler. She enjoys soccer, reading and fishing.



2013 Astoria Scandinavian Midsummer Festival Junior Court



Junior Miss Norway
Kelsey Phillips

Kelsey's parents are Ryan and Misty Phillips. Her aunt is Faith Swanson, and her grandparents are Mike Phillips and the late Aini Phillips and the late George and Carolyn Severson. She enjoys playing with her dogs, cats and chickens.



2013 Astoria Scandinavian Midsummer Festival Junior Court



Junior Miss Finland
Olivia Esnard

Olivia's parents are Sari and Matt Esnard. She has one brother, Lukas. Her grandparents are Solli and Olavi Nauha and Kathy and Andrew Esnard. She is involved in swimming and enjoys knitting, reading, drawing, writing books, and baking with Mummul.



2013 Astoria Scandinavian Midsummer Festival Junior Court



Junior Miss Sweden
Madison Yeager

Madison's parents are Kenneth and Leann Yeager. She has one brother, Bryce. Her grandparents are Laurel Carlson and Tim and Linda Yeager. She enjoys dancing, horses, riding her bike and playing with her dog, Barney.



2013 Astoria Scandinavian Midsummer Festival Court



Crown Bearer
Leo Matthews

Leo's parents are Greg and Saara Matthews, his siblings are Aleks and Sian, and his grandparents are Dick and Diane Matthews and Andy and Maija-Liisa Carlson. He enjoys fishing, outdoor activities, basketball, baseball and playing Xbox.



2012 Astoria Scandinavian Midsummer Festival Senior Court



Miss Scandinavia 2012
Meg Dowaliby

Meg was crowned Miss Scandinavia in 2012. She attended Warrenton High School, where she was involved with cross country, choir, and the student council. Her parents are Todd and Dixie Dowaliby, her three sisters are Kim, Kara and Mara, and her grandparents are Mike and Sally Dowaliby and Bill and Betty Cunningham.

Astoria Scandinavian Heritage Association offers thanks

The purpose of the Astoria Scandinavian Heritage Association is to preserve traditional Scandinavian culture and heritage through educational opportunities in areas of customs, language, food and arts and to educate the citizens of Clatsop County and surrounding areas about the culture and heritage of the Scandinavian countries. The association would like to thank the following for their contributions for 2013 and being members of the following clubs:

Royal - \$2,500-\$4,999: Warrenton Fiber/Nygaard Logging

Scandia - \$1,000-\$2,499: North Coast Fred Meyer

Viking - \$500-\$999: Clatsop Community Bank, Dave & Lorine Hoyer, Lektro Inc., Edith Henningsgaard Miller, George Siverson, Astoria Riverwalk Inn, Sons of Norway Nidaros Lodge #16, Pacific Power

Nordic - \$250-\$499: Astor Street Opry Company, Columbia State Bank, Englund Marine, Finnish Brotherhood, Leland Vessel Ass't, Wauna Federal Credit Union



Double J and the Boys.



Two young "Vikings."

2013 Astoria Scandinavian Midsummer Festival



Festival Entertainment

HARALD HAUGAARD AND HELENE BLUM

Fiddler Harald Haugaard and singer Helene Blum will perform together all three days with their quintet. Haugaard recently won the Danish Music Award for Best Instrumentalist and Best Folk Album of the Year. The festival was lucky to book Haugaard's appearance before these awards were announced and Haugaard's calendar went crazy. Blum's compelling, crystal-clear voice enchants audiences far and wide.

ASTOR STREET OPRY COMPANY - "OLE AND LENA'S WEDDING"

This audience-interactive, 45-minute show is about a traditional Scandinavian family and the wedding of their kids, Ole and Lena. The play is packed with Scandinavian humor—plus there's the chance to eat white wedding cake!

ACÚSTICA WORLD MUSIC

This Astorian musical group offers a fusion of cultural and linguistic music with a vintage twist. Vocalist Dolores Levine usually performs in Spanish, Portuguese, Italian, French and English, but for the festival she has expanded her repertoire to include songs in Finnish.

FOLKVOICE

From an energetic rollicking Finnish humpapa to an

elegant Swedish hambo, the Folkvoice band performs them all.

DOUBLE J AND THE BOYS

"Lively and fun" gives a hint about this Long Beach (Wash.) Peninsula band and the variety of its music, which spans the world—including Sweden and Norway, but also Ireland, Texas and Venezuela. Catch them in the beer garden Friday and Saturday

THE OLSEN BROTHERS

Vern Olsen leads the Shifty Sailors but also has a duo with his brother, Karl, of the legendary folk group The Brothers Four. Don't miss this brief burst of entertainment from the crowd-pleasing duo.

SHIFTY SAILORS

An all-male singing group from Whidbey Island, Wash., the Shifty Sailors want to help maritime communities understand their nautical history. This on-demand group will perform once on Saturday. Give them a listen at www.shiftysailors.net

NORDIC SPIRIT

This band's music includes tunes for polkas, waltzes, schottisches and other toe-tapping rhythms.

SCANDINAVIAN COUNTRY

The band plays local favorite dances like the Var-

souviene, the Butterfly and the Irish Waltz as well as polkas, schottisches, waltzes and hambos. It will provide the music for the Queen's Ball Friday.

THE SQUEEZER AND THE GEEZER

Coreen Bergholm on accordion is the Squeezer and Ken Presthus, the Geezer, plays trombone and tuba. Catch this duo Saturday in the Exhibit Hall and Saturday afternoon in the Beer Garden.

HALCYON TRIO OREGON

These talented music professionals will present classical music from Scandinavia at our festival. Listen for special music from the Halcyon Trio during the nondenominational church service on Sunday.

HALE BILL AND THE BOPPS

From Puget Sound's Nordic folk community, the band plays fiddles, nyckelharpas, Hardanger fiddle, octave fiddle and keyboards, with some vocals.

"SHANGHAIED IN ASTORIA"

The 29th season of this locally written play opens in July and runs through September at the Astor Street Opry Company Playhouse. Catch cast members performing Olo acts in the beer garden.

ALLAN GOFF

Allan Goff grew up in Astoria and returns as caller for the dance Saturday. Come for mini-lessons in polka, waltz, schottish and even the hambo.

LEIKARRINGEN OF PORTLAND DANCERS

"Leikarringen" means circle or round dance. This long dance tradition is rich with tunes and dance steps from Norway, Sweden, Denmark, Finland and even Estonia. Dances are generally fast-paced. Leikarringen has its musicians who perform on traditional instruments. Leikarringen is led by Christie Silson and will perform several times on Saturday, June 22.

NORDIC VIKING DANCERS OF ASTORIA

Astoria's own dance group includes dancers from second grade to adults, and they will perform all three days of the festival.

EMPIRE OF CHIVALRY AND STEEL / VIKING ENCAMPMENT

The Empire of Chivalry and Steel specializes in the recreation of the culture of the Middle Ages, including the art forms, events (feasts, tournaments, ceremonies and wars), and combat arts from that period. The purpose of this nonprofit educational corporation is to study and teach European history from 800 A.D. to 1650 A.D. Empire of Chivalry and Steel participants will open their Viking Encampment to the public Saturday and Sunday and provide demonstrations of Viking sword fighting and armour making Saturday and Sunday afternoon.

Festival Vendors

For a complete list of festival vendors go to: www.astoriascanfest.com



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2013 Astoria Scandinavian Midsummer Festival

Festival Food

The fine, Scandinavian food choices set this festival apart. Festivalgoers can purchase complete meals in the exhibit hall or snack and dine on delicacies from the specialty booths in the arena. Here is a sampling of Scandinavian specialties available in the booths (the list is not complete – there are many booths offering Scandinavian foods. Be sure to explore and find your own favorites):

Aebleskiver (Danish donuts)

The Danish Society cooks aebleskiver at their booth. These Danish donuts are grilled in a griddle with round pockets (not in oil) and are served with a spoonful of jam and a sprinkling of powdered sugar.

Frikadeller (Danish meatballs) with cabbage and bread

The Danish Society provides almost a complete meal of a frikadeller (Danish meatball), made of ground beef and pork, with red cabbage and rye bread. Frikadeller is different from Swedish meatballs in that there's no sour cream sauce.

Krumkake (Norwegian rolled cakes) and Finnish tarts

Krumkake is a flat cookie rolled into a cone, and prune tarts are a puff pastry filled with prune compote and shaped into a star.

Lefse (Norwegian flat bread)

One of the most popular items at the festival is lefse from the Sons of Norway booth. The Sons make flour lefse in May and store it dried

until shortly before the festival, when it is reconstituted and spread with butter and cinnamon sugar.

Open-faced sandwiches

The Sons of Norway offer a variety of open-faced sandwiches. There are sandwiches topped with smoked sturgeon and others with rulepoise (spiced meat roll). Rulepoise is made from beef, lamb and pork rolled and sewn together, then cured in brine solution.

Risipuro (rice pudding with fruit soup)

The culinary specialty of the Finnish Brotherhood is its risipuro. The rice is cooked slowly with milk until it's smooth and creamy, and it is topped with a scoop of fruit soup made from dried fruit and prunes.

Swedish pea soup

The VASA Swedish Lodge sells traditional Swedish pea soup made from scratch. Robert Swenson says, "The secret ingredient to pea soup is lots of ham. We make 500 pounds of soup and use 50 pounds of yellow split peas, 40 pounds of ham, 13 pounds of carrots, six bunches of parsley and seasoning."

Swedish pancakes

These thin crepes are filled with strawberries or lingonberries and topped with whipped cream and are available with many other goodies at the Scandinavian Cafe booth.

BELOW: The Sons of Norway prepare lefse for the festival.



Running of the Trolls

Join festivalgoers for a walk or run in the beautiful countryside. Proceeds from the race will benefit the Scandinavian Midsummer Festival Association Scholarship Fund.

When: 8:30 a.m. Saturday, June 22

Entry Fee: \$25 includes Troll Run T-shirt (only guaranteed with early registration), entry button to festival, bottle of water and parking pass (good Saturday); or \$20 (does not include T-shirt)

Registration: Late registrations will be taken at the Festival Information Booth Friday, June 22, and during check-in.

Race day check-in: 7 to 8 a.m. at Clatsop County Fairgrounds Building Entrance.

Awards: Awards will be given to the overall top male, female and youth finisher in the 5.75-mile course.

For more information, visit www.astoriacanfest.com or call 503-325-6084.

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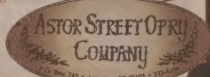
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